

THE CANCER REVOLUTION

Additional Material for Chapter 6

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The man who beat his cancer with carrots

Take Ross Mansergh for example. Here is a man who juiced 75lbs of carrots, sixty apples, six red cabbages and 25lbs of leeks every week for two years in order to treat his skin cancer. Ross didn't use a Norwalk or even a 'slow' juicer, but still managed to nuke his cancer with juice made from a normal fast juicer. All of the produce was organic and he literally flooded his body with freshly extracted juice. Dr Ian Smith, consultant at the royal Marsden hospital at the time, called his treatment, "scientifically unproven". Whilst I agree with Dr Smith in that yes, it is clearly unscientific, it is frustrating beyond belief that he didn't immediately look into the possibility of this treatment with this particular disease. If a drug had saved this man's life it would have hailed, but because it was 'just juice', it's not taken seriously. Luckily Ross is not by far the only person to have had success treating cancer with Natural Juice Therapy and the 'juicing for cancer' movement has gathered enormous momentum.

The Gerson method

Ross started 'juicing for cancer' after reading up on perhaps the most well known juice therapy method for the treatment of cancer in the world – The Gerson Method. Max Gerson was a German physician who started treating cancer patients with juice therapy as far back as 1928 and his daughter Charlotte Gerson has continued his work to this day. Max Gerson described his approach in his famous book *A Cancer Therapy: Results of 50 Cases*. Unfortunately the National Cancer Institute said his records lacked the basic information necessary to systematically evaluate his claims and if you want to go to The Gerson Treatment Centre you have to travel to Mexico as it is illegal for Gerson to practice in the US (no I am not joking!). The Gerson method insists on the person drinking a juice on the hour, every hour, for 13 hours a day, every day. Jay Korditch, the original 'Juice Man' in America, used the Gerson Method to cure his own cancer when he was in his twenties, he has been singing about the virtues of freshly extracted juice ever since – he is now 87 and still teaching. There are now thousands of people every year who head to Mexico in order to try and reverse various cancers. Like any method, results vary due to many factors - but many have extremely good results. This is even more remarkable when you think the vast majority who turn up are at the latter stages of the disease and many were already sent home from their doctor with the diagnosis of, 'there's nothing further we can do'.